In Touch Newsletter
Thursday, 9 October 2014
Volume 2014 Issue 29

DIARY DATES

THURS, 9 – FRI, 10 OCTOBER
Grade 2 Camp
TUES, 14 OCTOBER
GREAT FLEMINGTON ART EXHIBITION
3.00 - 7.00 PM
OFFICIAL OPENING CEREMONY

FRI, 17 OCTOBER
Interschool Sport makeup game

MON, 20 OCTOBER
Music Viva Concert

THURS, 23 OCTOBER
Grade 5/6 Family Life Parent Session

FRI, 24 OCTOBER
Inter School Sport - home

WED, 29 OCTOBER
2015 Prep Story Time #1

FRI, 31 OCTOBER
Inter School Sport - away

FRI, 7 NOVEMBER
GRADE 5/6 CAMP FINAL PAYMENT DUE

TUE, 11 NOVEMBER
Grade 5/6 Family Life 1 of 3
2015 Prep Info Night 6 - 7pm

WED, 12 NOVEMBER
2015 Prep Story Time #2

FRI, 14 NOVEMBER
Grade 5/6 Family Life 2 of 3

FRI, 21 NOVEMBER
WED, 29 NOVEMBER
Grade 5/6 Family Life 3 of 3

TUE, 30 NOVEMBER
2015 Prep Transition 1
2015 Prep Transition 2

TUE, 7 DECEMBER
2015 Prep Transition 3

WED, 8 DECEMBER
End Year Instrumental Concert
All ensembles to perform
BBQ starts at 5.00 pm
Concert starts at 6.30 pm

TUES, 16 DEC
YEAR 6 GRADUATION

Principal’s Report
Lesley McCarthy

Welcome back to school for Term 4. I hope all families enjoyed their break and have returned refreshed and ready for this busy Summer term.

Please remember that all students are required to wear a broad brimmed hat at recess and lunchtimes, and while playing sport or on excursions and camps.

We are delighted to welcome everyone to the Great Flemington PS Ceramics Art Show next Tuesday. The show is the culmination of this year’s work by students and teachers through an Artists in School program funded by a grant from the CASS Foundation.

Karen Leopold has worked with Fiona Hiscock, a well know ceramic artist who has taught students to create with clay. The results are just outstanding and are supported by photos, drawings and artefacts demonstrating the process.

Grade ¾ students departed yesterday for Lake Dewar Camp, ready for 3 days of adventure and action. All is well and the weather there today is delightful. Students return on Friday afternoon before 3.30pm.

Grade 2 students departed today for the Lady Northcote Camp for their introduction to school camp and also return on Friday afternoon.

This evening, Grade 1 students have their first taste with the Movie Night – a fun filled evening of movies, popcorn and fun here at school. They will be in the Main Building.

All Prep parents are reminded to return the School Nurse forms as soon as possible. The School Nursing Program ensures all children are screened for sight, hearing and any health concerns in the first year.

All families are reminded that October is WALK TO SCHOOL Month. Now that the weather has improved, we want to see everyone walking, riding or scootering to school every day. As you all know traffic around the school is very heavy, very dangerous and parking is limited.

WALK, RIDE, SCOOT OR SKATE EVRY DAY!
Assistant Principal's Report
Sandra McOrist

The Solar Boat challenge has commenced and students who have nominated are working with Bruce Ziebell and Danh Ho, Leonie Isaacs and Sandra McOrist. Children have already gone through the designing process and producing their boat. They are now working on adding their motors and all of the really important details to ensure it stays afloat and travels with great speed. The competition is held on Saturday 18th October at Scienceworks. [http://www.modelsolar.org.au/]

As usual we took the opportunity of a school holiday period to complete a range of maintenance tasks. Both playground areas have been rotary hoed and an additional 25 cubic metres of soft fall mulch blown in. These playground spaces are soft and fluffy and extra deep to insulate against injury in the warmer months ahead. We have also installed a drinking trough in the amphitheatre area so students playing in that area have ready access to drinking water.

Acoustic insulation panels have also been installed to the ceiling in 1S/1Y; most carpets have been steam cleaned and windows cleaned.

Solar Boat
We have 10 teams this year frantically busy trying to get their boats and posters ready for the Great Solar Boat Challenge held at Scienceworks on Saturday 18 October. The event is open to the public and the entrance fee allows you to enter the science exhibits as well. [http://www.modelsolar.org.au/]

Pickups at the Flemington Street Bollards…..
This pickup area on some afternoons can only be described as a complete nightmare for the yard duty teachers, Katia Scicluna and myself. It would really be appreciated if parents held their child’s hand when crossing the road and actually walked with them.

Please be aware that the parking bays outside the childcare centre are not for general use and if parking there be aware that you may get booked. Always read the signs!

It is the 3rd day back and already double parking is an issue, once again we ask parents to take care and park in the allocated zones. We will be contacting the council and police again if this does not improve. Please take care especially when you have the most precious possession with you, your child.

Office News
Office Hours, 8.30am – 4.00pm Monday to Friday

New School Uniform Item
We have introduced a new item to our school uniform for the warmer months. We have in stock skorts – these are skirts with bike shorts attached - at a cost of $23 each. Please visit the uniform shop on Friday mornings or Monday afternoons to place your order.

Scholastic Book Club
Issue 7 order forms that were sent home recently are due back to the office by Wednesday 22nd October by 9.00am.

Please note, that orders sent before this date will now be sent to Scholastic as received (except cash which will be processed on the final day). The office will now process orders a couple times a week (for credit and cheque payments only) so the earlier the order, the earlier the children will get their book.

Grade 5/6 Camp Payments
Just a reminder that final payment of $450 is due by Friday 7th November. Parents can make progress payments should they wish, but camp must be fully paid by the due date.

2015 Fees, Levies and Book packs
The school is currently working on the costs for the 2015 School Fees and information will be sent home by the end of October. We are proposing to keep costs the same as the 2014 year and, where needed, keep the increase to a minimum. Please note, the government has ceased the payment of the Education Maintenance Allowance and as such parents will be required to fully pay the amounts stipulated.

Spartan School Bag Zip Repair Day
If you have a school bag, where the zip is broken or not working properly, drop it off at the office by 9.00am on Tuesday November 11th and the lovely Lisa from Spartan will be here to do the repairs. It only takes a minute!
Whole school incursion – B’tutta

On Monday 20th October we will be having a whole school incursion featuring the Musica Viva group ‘B’tutta’. This performance forms part of the school’s classroom music program and builds on preparatory work done in music lessons. We would be delighted if you could come to the performance. There is no charge for parents/guardians and community members.

The prep & year 1/2 concert will be held from 10.00 to 11.00 am and the year 3 to year 6 concert will be held from 11.30 to 12.30 pm.

ART EXHIBITION

Musicians Wanted.

We need some musicians to play along with Mr. O’Hara at The Art Exhibition on Tuesday 14th October. You would need to play at a time between 4.00pm and 6.15pm.

If you could help out please see Mr. O’Hara tomorrow, Friday 10th October.

Hub News (FPS Parent’s Association)

Rochelle Carland (HUB President)
carlandr@bigpond.net.au - 0416 177 219

Icy Poles – Term 4

This term should bring us some warmer weather, which means that icy poles will be back on sale Mondays, Wednesdays and Fridays. We need lots of helpers to sell the icy poles (the time commitment is approximately 3:20 – 3:45pm). If you could help out 1 night per week (or all 3 nights!), please contact Lisa Madden on 0425 834 147 or lisamadden67@gmail.com.

If you’ve been considering getting more involved in helping at FPS, this is a great way to start…
Review of School Values

During the curriculum day on Monday 6\textsuperscript{th} October staff worked together to review our current school values. In light of our School Review and our changing community we wanted to re-fresh our values to make them a priority and point of discussion across the school. We are also mindful that the values statements need to be simple to remember and easy for students, parents and teachers to explain.

Previously the values at FPS have been:
Care and Compassion, Respect, Honesty and Responsibility.

Teachers have developed a number of values, along with a new school motto being \textit{“Be your Best”}. These values include; Be safe, be responsible, be respectful, be ready to learn, be kind and be positive.

These values statements were taken to students in all grades and students were asked to choose their top 3 values.

We are inviting parents to also have a voice in choosing our final 3 values for 2015 and beyond. Please number your top three values and return to the office by Friday 17\textsuperscript{th} October.

Sarah Nightingale
Leading Teacher Curriculum & Innovation

Flemington Primary School Values

- Be safe
- Be responsible
- Be respectful
- Be ready to learn
- Be kind
- Be positive
How to help your children successfully face challenges

Q&A with Building Resilience creator Associate Professor Helen Cahill, Deputy Director Youth Research Centre, Graduate School of Education, University of Melbourne

Why is it important to be resilient?
It’s important to be resilient so that you can build a capacity to cope and to persist when faced with challenge. Persistence is the key to learning. If children don’t understand something and quickly give up, they will learn less effectively, so persistence and resilience are key.

What can parents do at home to help children be resilient?
The number one thing is to be a role model, and then to share with their children the techniques they use to help them face a challenge. Parents can talk to their children about techniques they use to cheer themselves up or to calm down. For example, it can be something as simple as helping a child to make a plan when they are feeling overwhelmed. Or it can be talking with them about counting to 10 when they are angry with their siblings.

What does a resilient student look like in primary school?
A student who is able to identify when they can successfully problem-solve and when they can successfully identify the need to seek help. A child in the playground may be disagreeing with a friend about what to play together and they problem-solve by deciding to take turns playing different games. Help-seeking is about asking a teacher, parent or an older child to assist them when they are unsure.

What does a resilient student look like in secondary school?
In secondary school, students should be identifying those critical moments when they should be sharing certain information with their friends or parents to help them face a challenge.

How can secondary-school aged friends help each other to be more resilient?
Teenagers are more likely to turn to their friends for support and it’s important for friends to provide each other with a positive space to discuss problems. Instead of just sounding-off to each other, they can use open-ended problem-solving skills to help them have conversations where they do not feel judged.

When they engage in this kind of interaction, teenagers are in a better position to think about all the possibilities and to choose what’s right to do for them. It’s important for teenagers to know that asking for help is a strength, not a weakness. It is an act of courage to speak up and ask for help.

If I’m a parent and I don’t think my child copes very well with challenges and change, what should I do?
You can provide positive experiences for your child, something as easy as involving them in conversations between you and your friends and neighbours, or encouraging them to participate in group activities such as sport to build connectedness with society. It’s important to remind children of times they succeeded at something. For example, a time they used courage or were patient. This encourages a child to build on prior, similar successes.

What is the school’s role in building resilience among children?
The school has a number of key roles to play, and the first is about providing a positive environment where students feel safe. Then there is the more explicit curriculum, where teachers teach problem-solving, communication, help-seeking skills and emotional literacy. Then there is the teacher’s role in modelling resilience and problem solving skills themselves.

What is the best advice anyone ever gave you about being resilient?
Rather than being explicitly stated, it was more modelled. In my family, it was very much ‘have a go of it.’ That was a very strong family message.

Learn more

OSHC News
Camp Australia manages the Before & After School Care program. All bookings, absences and payments need to be made through the Camp Australia website.

Do not leave messages on the school answering machine.

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<th>Customer Service</th>
<th>8.00am - 6.00pm</th>
<th>1300 105 343</th>
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<td>Website</td>
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<td><a href="http://www.campaustralia.com.au">www.campaustralia.com.au</a></td>
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Community News

Art & crafts
Balloon twisting
Cake stall
Jumping castle
Face painting
Market stalls
Live music
Sausage sizzle
Story time (11am) and much more...

2014 St Brendan’s Kindergarten Fete
Sat 11th Oct
10am - 2pm
St Brendan’s Parish Hall, cnr High St & Church St, Flemington

M.L.C. HOT SHOTS

LITTLE JOEY (4 - 6 years)
MONDAY to THURSDAY, SATURDAY & SUNDAY
COST: $165 FOR 10 WEEKS (30 MIN CLASS)

HOT SHOTS (7 - 11 years)
MORNING to THURSDAY, SATURDAY & SUNDAY
COST: $165 FOR 10 WEEKS (45 MIN CLASS)
OR $195 FOR 10 WEEKS (1 HOUR CLASS)

CARDO TENNIS ADULTS (17 - 80 years)
MORNING to THURSDAY, SATURDAY & SUNDAY
COST: $25 FOR 1 WEEK (1 HOUR CLASS)
OR $295 FOR 10 WEEKS (1 HOUR CLASS)

PUTTING THE FUN BACK INTO THE FUNDAMENTALS
NORTH PARK TENNIS CLUB • GLADSTONE PARK TENNIS CLUB • KENDINSON BANKS TENNIS CLUB

DAN DONELLY TENNIS COACHING PROGRAMS
Royal Park T.C. (cnr Park St & The Avenue, Parkville/Brunswick)

Tennis Coaching Programs
Available 4th Term
Pee Wee Tennis 5 - 7 year olds
Free trial lesson for Pee Wee
Saturday October 11, 3pm
Monday October 13, 4pm
Thursday October 16, 4.30pm

Junior Tennis Coaching 8 - 16 year olds
Places available each afternoon school,
Mon - Fri, group lessons & squads
Parents, tennis is a great social and competitive sport.
Racquets supplied if required

Adult Coaching - Parents it’s never too late!!!
Mon, Tues & Wed evenings and day time classes.
Racquets supplied if required
Beginners & Intermediate classes.

Check out the new website!
www.dandonellytennis.com

ARE YOU AN ACTIVE RETIREE?
Interested in joining a club for FRIENDSHIP AND FELLOWSHIP?

Come to an information meeting for people interested in forming a local PROBUS CLUB
3:00 pm on the 17th of November
Maribyrnong Park Bowls Club
195 Holness Road, Moonee Ponds, 3031
Please contact Rotarian Peter Cilb in advance of meeting
Tel: 0410548543

PROBUS is an association of active members of the community and for those no longer working full time, to join together in clubs for a new lease of life.
Its basic purpose is to advance intellectual and cultural interests amongst adult persons; to provide regular opportunities to progress healthy minds and active bodies, through social interaction and activities, expand interests and to enjoy the fellowship of new friends.

www.probussouthpacific.org F: admin@probussouthpacific.org
Toll Free within Australia 1800 630 488 or Tel: +61 2 9869 0200
PIANO FOR SALE

A family recently donated a piano to Ascot Vale PS, so they are looking to sell their existing one. It is an iron framed Benedict brand piano – see pictures attached. It’s been used for piano lessons for the 20 years and plays well. It is missing the plastic from one key but this can be replaced by most piano tuners. Price $250 – the buyer will need to collect. If you are interested please contact Ascot Vale Primary School on 9370 6507

MILO IN2CRICKET – STARTING SOON!

Kensington Junior Cricket Club

We invite you to enrol for a season of MILO In2cricket program. Its which is an introductory program for girls and boys aged 5 to 8yrs. We have a professional coach (Toby Kruisheer) running our MILO sessions and we have a parents coordinator (Yvette Oswald) ensuring we get maximum involvement from the parents and therefore maximum fun for all involved.

The program runs on Friday nights over 12 weeks. The cost is $65.

MILO Cricket begins at JJ Holland Park at 5:30pm on Friday 17th October 2013.

Registration is through the club web site OR Google MILO Cricket Or register at Holland Park Friday 17th October

Under 10 boys and girls teams train Wednesday 5:00 pm at Holland Park, Kensington and matches begin next Friday 10th October 5:15pm

For more information please contact
Yvette Oswald: 0408 166996
Rob Moore: 0403 659659
or www.kenflemjuniors.com

Walk to School October 2014

Walk to School this October

Invermay Primary School is excited to be taking part in VicHealth’s Walk to School from 6-31 October.

Walk to School encourages primary school students to walk to and from school every day in October to highlight the ways walking improves children’s health and wellbeing. Walking to school is a great way to help kids achieve the recommended 60 minutes of physical activity each day.

We’ll be encouraging families and students to walk to and from school as often as possible during October to help students learn healthy habits for life. Teachers will use classroom calendars to record each time student’s walk to and from school. VicHealth offers some great prizes to schools with high participation, and runs fun walking themed competitions for students throughout October.

We’ll be providing parents with an ‘Information sheet for parents and guardians’ with all the information you’ll need about Walk to School. You can also visit the Walk to School website for more information:

www.walktoschool.vic.gov.au

Not sure how to get started?

There are lots of ways families can get involved. You might like to:

- walk with your child to and from school and enjoy the chance to talk, help your child learn road safety skills, and get to know the local neighbourhood together
- arrange for your child to walk with other families or friends, giving them time to socialise and share their journey
- drive part of the way to school and walk the rest, particularly if you live a long way from school, or have limited time
- mix it up – if your child enjoys riding their bike or scooter, that’s great too!
Flemington Primary School
SCHOOL UNIFORM
ORDER FORM
Prices as at August 2014

Opening times
Monday - 3.15pm - 3.45pm & Friday – 8.45am - 09.15am

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<th>CHILD’S NAME:</th>
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<td>Ch 4 – 16</td>
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<td>WINDCHEATER</td>
<td>Printed fleecy, raglan sleeve</td>
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<td>BOMBER JACKET</td>
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<td>TRACK PANTS</td>
<td>Standard fleecy, side pockets, reinforced knees</td>
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<td>PINAFORE</td>
<td>Detachable bib, side pocket, single pleated adjustable skirt</td>
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<td>LONGBACK POLO UNISEX SHORTS</td>
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<td>Standard check, front buttons, collar, pocket</td>
<td>Ch 4 – 14</td>
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<td>SURF HAT</td>
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<td>HIAB</td>
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TOTAL AMOUNT DUE

ORDER FILLED BY:  
DATE:  
RECEIPT NO:  
AMOUNT PAID:  
RECEIPT NO: