The Department of Health has issued a health alert following the formal diagnosis of five cases of Measles at Essendon North Primary School and cases at Mt Alexander College. We are reviewing all student immunization records and have distributed a Fact Sheet to those students not immunised. Any family with a child showing symptoms such as fever, runny nose, cough or rash are strongly encouraged to see their GP as soon as possible.

We have experienced a very difficult week this week with a great deal of illness amongst students and staff. This week we have been advised of Influenza, Gastro, Croup as well as the usual coughs and colds. Please assist us and the office by keeping sick children at home. Some children are in the office daily and while we understand it can be difficult for working families; school is no place for a sick and miserable child. Please also ensure that your emergency contact details are up to date as we have found many changes whilst trying to contact families this week.

Yesterday, the Year 6 students were advised of their Secondary School placements for 2015. As previously advised, due to zoning changes University HS, Princes Hill SC, Strathmore SC and Buckley Park SC have restricted their intake to the students living within their immediate zones only. A very few students have gained access on sibling grounds; however a majority of our students have been offered their 4th or 5th choice of school. Any parent who wishes to challenge enrolment, must apply directly to the desired Secondary School and lodge an appeal. Appeals on curriculum or music grounds are the most likely to succeed. Please also note that some students have also applied to private schools or schools in another region and may thus give up a place allowing for some students to gain places later on.

Congratulations to the SRC students who have been so pro-active in identifying, discussing and suggesting improvements for our school. Following their meetings and requests the following have been arranged:

1. Polar fleece beanies & scarves with the school logo, available next week.
2. Drinking taps in the amphitheatre available for Term 4
3. Nets on the basketball rings
4. Special Lunch day for end of term
5. Investigation of additional play equipment, footy and cricket nets

Park Safely in our Neighbouring Streets and Walk to School ~ it only takes 5 minutes and it's good for you!
CARE Student of the Week
Week beginning 18 August 2014

<table>
<thead>
<tr>
<th>Grade</th>
<th>Student</th>
<th>Reason</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mangalore 1</td>
<td>Michelle</td>
<td>Daniel M. For sharing his story about the time he showed courage and confidence.</td>
</tr>
<tr>
<td>Mangalore 3</td>
<td>Mollie</td>
<td>Samuel L. For always being a CHAMP in CARE group. Keep up the great work.</td>
</tr>
<tr>
<td>Mangalore 4</td>
<td>Alex</td>
<td>Edel M. For providing great examples and assisting other students.</td>
</tr>
<tr>
<td>Mangalore 5</td>
<td>Gini</td>
<td>Holly N. For sharing her goals with the class and having a positive attitude in every CARE session.</td>
</tr>
<tr>
<td>Mooltan 2</td>
<td>Sarah</td>
<td>Crystal K. For contributing her ideas in CARE session.</td>
</tr>
<tr>
<td>Mooltan 3</td>
<td>Jess</td>
<td>Mohad W. For always contributing to group discussions confidently and being a positive member of our CARE group.</td>
</tr>
<tr>
<td>Mooltan 4</td>
<td>Kate</td>
<td>Ike T. For sharing his goals and dreams with our CARE group. Thanks Ike!</td>
</tr>
<tr>
<td>Mooltan 5</td>
<td>Leonie</td>
<td>Matthew B. For contributing to group discussion and providing helpful suggestions on setting goals.</td>
</tr>
<tr>
<td>Cashmere 1</td>
<td>Khatia</td>
<td>Gokhan S. For being a CHAMP and sharing his story about the time he faced a challenge.</td>
</tr>
<tr>
<td>Cashmere 4</td>
<td>Yvette</td>
<td>Will H.K. For always confidently sharing his thoughts and ideas with our CARE group.</td>
</tr>
<tr>
<td>Cashmere 5</td>
<td>Chris</td>
<td>Jess D. For sharing her story about facing challenges. Well done!</td>
</tr>
</tbody>
</table>

Office News
Office Hours, 8.30am – 4.00pm Monday to Friday

Scholastic Book Club
Issue 6 order forms that were sent home recently are due back to the office by Wednesday 27th August by 9.00am
No late orders will be accepted
Please note, that orders sent before this date will now be sent to Scholastic as received (except cash which will be processed on the final day). The office will now process orders a couple times a week (for credit and cheque payments only) so the earlier the order, the earlier the children will get their book.

New School Uniform Items
We are introducing two new items to our school uniform for the winter. We have on order beanies and scarves with our school logo at a cost of $10 each. If you would like to purchase either item please fill in the new order form (as provided on page 10 and also available at the office) and we will advise once the items are in stock.

OSHC News
Camp Australia manages the Before & After School Care program. All bookings, absences and payments need to be made through the Camp Australia website.

Do not leave messages on the school answering machine.

Customer Service 8.00am - 6.00pm Monday to Friday 1300 105 343
Website www.campaustralia.com.au

Are your telephone contact details correct and up to date?

هي أرقام الهاتف الصحيحة؟

Ma faahfaahinta xiriirka xaaladaha deg-aad ilaa taariikhda?

Là số điện thoại của bạn đến nay?
Arriving at school
It is very important that our students arrive at school ready to start the day at 9.00am. Late arrivals are becoming more numerous with XXX students, which is XX% of all students, arriving between 9.05 and 9.30am this week. This is really unacceptable and very disruptive to learning.

The education and wellbeing of students arriving late is being compromised and these students are disadvantaged in their learning.
Please do not assume that important learning only begins after 9.30am – children need to feel a sense of belonging within their class and need a few minutes to prepare for learning, settle in with their friends and classmates and prepare for the day.
The first 15 minutes in the classroom each morning are crucial for setting the scene for the day.
Class work and introductions to learning cannot be held up for late students.

Thank you to the students who dismount from their bikes when they enter the schoolgrounds. Could parents please follow their child’s example and do the same.

Immunisation requirement changes 2015
Under the Public Health and Wellbeing Act, schools are required to:
1. Request information from parents on the immunisation status of each child prior to enrolment
2. Take a copy of the sighted document and record information on the immunisation status of each enrolled child.
3. In the event of an infectious disease outbreak, unimmunised child/children whose immunisation status is unknown; will be excluded from attending school until the risk of infection has passed.
4. The most common type of immunisation status certificate is a Child History Statement from the Australian Childhood Immunisation Register (ACIR). Parents are sent a statement when their child turns five; however they can request a statement from ACIR at any time.


EMOTIONAL INTELLIGENCE
Children experience emotions all the time, yet few innately know how to recognise, understand or even shift them. To be honest, not many adults have this type of emotional intelligence either.
Emotions are short-term responses that occur as a result of real or imagined events. They lead to different thinking and feelings; they change physiology (breathing, heart brain, brain chemicals) and physical appearance including facial expression and body language. Emotions also influence how we behave particularly how we approach or avoid situations.
There are many aspects that make up a child’s emotional intelligence. But I believe it’s best defined by the Yale Centre for Emotional Intelligence in their wonderful RULER Program.

According to the Yale RULER Program parents and teachers can develop kids’ Emotional Intelligence by helping them:
1. Recognise emotions in themselves and others. An understanding of how they feel, as opposed to think, about an event, situation or an issue is the basis of emotional intelligence.
2. Understand what causes them to feel the way they do. A barking dog will cause one child to laugh with joy and other to shrink away in fear. It’s their reaction rather the event itself that’s significant.
3. Label emotions accurately. The more accurate kids are in labelling their feelings and the feelings they see in others, the more they can either shift their feelings or respond more appropriately to the feelings of others. ‘Tense’, ‘nervous’ and ‘agitated’ are similar terms but are very different feelings. This type of vocabulary nuancing is age-related, and can be developed.
4. Express emotions in healthy ways. Social appropriateness and safety are two issues to consider when kids express their both pleasant and unpleasant emotions.
5. Regulate emotions effectively. Emotionally intelligent kids have strategies at their fingertips to maintain, shift, reduce or enhance their emotional states. These include how to shift their thinking (reframing), and how to influence their physiology (take a deep breath). Emotion matters for better well-being, better school results and better relationships.

Celebrating Differences and Similarities at Flemington
Primary School.
The diverse population of FPS includes many fascinating family histories. During the last week of term three, school families and friends are invited to join us throughout that week to share their backgrounds by telling their own stories. Or by joining your child/children in their classroom for shared reading will also provide an opportunity for sharing stories about school, interests and celebrations.
Looking forward to seeing you during week 10 for celebrations of ‘Our Living History’ at FPS.
Bicycle Recycle Program

Many parents will have read the news article published in the local newspapers over the last two weeks. Thanks to Peter Hormann, Bart Sbeghan, Melinda Cilento, Trevor Wallwork, Jeff Collins and others for their commitment to this work.

Bart’s article published in the Bicycle Network’s Ride On magazine has prompted the increased publicity and has resulted in contacts from community members with bikes to donate.

Our students are benefitting from the bikes which allow them mobility, an easy transit to school and the benefits of exercise. See the stories:

http://rideons.wordpress.com/2014/08/11/reuse-and-recycle-your-bike/


School Council

School Council will meet on Monday evening and receive the formal report from Julie Chandler, the facilitator who completed our School Review. This review has identified the school strengths and areas for improvement, with suggestions for future direction.

Following this presentation, staff will commence work on identifying goals and strategies to address the areas identified. This will involve significant School Council and community consultation.

Bicycle Recycle – Fix-up Friday this week!

With thanks to various families within the school community we now have a number of bikes waiting to be repaired and gifted to a new owner. After school this Friday (22-Aug) afternoon, all interested parents and students are invited to join in our next bike fix-up Fridays activity. There’s no need for any specific skills just a willingness to give things a go and get your hands a little dirty.

If you have a bike that needs repair (eg. tyre repairs & inflation, brake adjustment and gear tuning) please drop it in before school and for a small donation and cost of any necessary parts we’ll get the bike back in order – helping you to help yourself will be encouraged.

More bicycle (big or small) donations will be welcomed before or after school on the day. If your child needs a bike please don’t hesitate to ask and we’ll do our best to find something suitable.

Peter Hormann
0408 773 837

Victorian State Schools Spectacular

Our school is performing in this year’s Victorian State School Spectacular. Get your tickets now to join more than 10,000 families cheering on the next generation of superstars at Hisense Arena on 13 September. The Spectacular includes a cast of almost 3000 Victorian government school students, working towards a common goal in a collaborative, competition-free environment. Find out more about the Spec here:


Join the Spectacular facebook group and keep up-to-date with the latest Spec news:

https://www.facebook.com/performingartsunit
Raising money for take home readers
We will be holding a School Read-A-Thon during National Literacy and Numeracy Week between 25th and 29th August as a major fundraising event this year.

The School Read-A-Thon is a stimulating, fun and literacy based fundraiser that ensures we send the right message to our students about developing literacy skills and a love of reading. The main focus of this event is on participation. Family support is most appreciated as we encourage all students to get involved.

All students will receive a Sponsorship Form to help collect sponsorship on behalf of the school. The funds raised will be used to purchase: take home readers.

We ask all parents to read the Sponsorship Form and sign the front page to grant permission for their child to fundraise and participate in this event. In the Sponsorship Form you will find all the tools you need for successful fundraising, and more!

Students wanting to track their progress, and use online fundraising, can do so by logging onto readathon.com.au/students and creating a Student Profile Page.

Thank you, good luck and happy fundraising!

Zoe Lewis
Literacy Coordinator

This August, we’re getting involved in Mindfulness Matters to help support healthy bodies and healthy minds!

Grill’d has partnered with not-for-profit organisation Smiling Mind to encourage Australian’s to be more ‘mindful’ of their physical and mental health. As such, Flemington PS is proud to be a local recipient of the Local Matters community donation program at Grill’d Highpoint. Funds from the program will provide Smiling Mind resources and materials that will support the mental wellbeing and resilience of our school community.

To jump on-board and support Mindfulness Matters, get down to Grill’d Highpoint during August and pop your Local Matters token into the Flemington Primary School jar!

Sharing is caring
Social media is a great way to spread the word about the Mindfulness Matters program. Just share your Mindful moments on Instagram, hash tag #Mindfulness Matters, tag Smiling Mind and Grill’d and we will both feature our weekly favourites throughout the campaign.

Here’s some ways The Flemington Community can get involved:

- Take a pic of your pre or post-game / class Smiling Mind meditation session in action
- Snap your team or classmates celebrating a win or great study session in a Grill’d restaurant
- Physically spell out the campaign hash tag #Mindfulness Matters in an interesting way e.g. in cricket boots, exercise books, pencils, on a chalk board etc


Grace Mittas

WILL YOUR CHILD OR CHILDREN BE AT FLEMINGTON PS IN 2015?

If you know your child / children will not be returning to Flemington PS in 2015 or If they will be only here for a short time e.g. you could be moving in Term 1, please fill in below if you have not already informed the school.

CHILDREN NOT ATTENDING FLEMINGTON P.S. IN 2015

Name: ................................................................. Year level in 2014: ...........

Name: ................................................................. Year level in 2014: ...........

Name: ................................................................. Year level in 2014: ...........

Finishing date: ................. New school (if known): .................................................................

Signature of parent/guardian: .................................................................
FRIDAY 29TH AUGUST
COME DRESSED AS YOUR FAVOURITE BOOK CHARACTER!!

Students are invited to come to school dressed as their favorite book character and share their favorite book with their class. Students are encouraged to bring the book they are dressed up as so they can complete activities. Here are some ideas...
HUB News (FPS Parent’s Association)
Rochelle Carland (Hub President)
carlandr@bigpond.net.au or 0416 177 219

CHANGE OF DATE - Fathers Day Stall
New Date: Friday 5th September 2014

Please note that the Father’s Day Stall has changed from Thursday 4th September to Friday 5th September to accommodate the Grade 1 and 2 excursion to CERES on the Thursday. All other details remain the same so parents who have volunteered to help, please contact Lara Widdop (laradw@hotmail.com) if you are now unable to do so. By the same token, parents who now can help on the Friday are encouraged to contact Lara to advise.

The Stall is held in the Hall Foyer and starting time is 9am (with set-up from 8:30am) and we usually finish by around 11:30am. Thank you to everyone who has offered to make/bake some goodies - hopefully the date change doesn’t pose any problems for you. We’re more than happy to receive more offers if anyone else wants to make edible gifts as they are always very popular!

Mid Year Music Concert DVD

Peter Hormann (father of T. Hormann - 1S) videoed the mid year music concert and has offered to make copies to sell to interested parents for $10.00 each. All raised proceeds from the sale of the DVDs will go towards the school’s music programme. A preview of the DVD can be seen at the administration office. If you are interested in purchasing one or more copies of the DVD, please complete the order form and return it with $10.00 per DVD to the office by Friday August 29th latest. Forms are available outside the office.

Donuts and popcorn will be on sale after school on Friday at the canteen to raise money for the school magazine. $1 each.
Interested in transport issues that affect Moonee Valley?

State Election: Transport Forum
Come along to a public forum on major transport developments affecting Moonee Valley in the lead up to the State election.
As a city in transition, managing our growing population and the increasing pressure on our transport systems is a major focus for Council.
The *MTF/Leader newspapers’ State Election: Transport Forum* is a timely opportunity to hear what the major parties have to say about transport issues and for residents to ask questions about local concerns.

Hear from speakers:
- Fred Ackerman, Liberal candidate for Essendon
- Colleen Hartland, The Greens MLC Western Metro
- Danny Pearson, Labor candidate for Essendon

Topics being discussed include:
- East West Link and CityLink-Tullamarine widening
- Melbourne Airport public transport links
- Resolving the Buckley Street level crossing
- Improving public transport across Moonee Valley

To RSVP, suggest a question or for more information visit [transportforum.org.au/moonee_valley](http://transportforum.org.au/moonee_valley)

**When:** Thursday, 28 August, 7.00-8.15pm  
**Where:** Clocktower Centre, 750 Mt Alexander Road, Moonee Ponds
Supporting those who care; the Victorian Carer Card

Are you an unpaid primary carer of a child? If you are, you might be eligible to enjoy a range of discounts and benefits from a number of businesses through the Victorian Carer Card Program.

More than 900 organisations across Victoria – from Europcar to Australia Post – provide discounts on products and services such as public transport, leisure and health and well-being through their involvement in the Carer Card Program.

The Carer Card is available to all unpaid primary carers including:

- Foster, kinship or primary carers and carers who care for vulnerable children who are unable to live with their parents
- Carer payment recipients who care for people with a disability or severe or chronic medical condition and
- Carer Allowance recipients who care for the frail aged or people in need of palliative care.

Eligibility

You might be eligible to receive a Carer Card if you answer yes to any of the following statements:

- You receive carer income support, such as a Carer Payment or Carer Allowance, through Centrelink.
- You receive payments to provide foster, respite or permanent care from the Victorian Department of Human Services.
- You provide at least 20 hours of care each week verified by your GP signing your application for a Carer Card.

For more information

To apply for a Carer Card and discover the discounts available through the program visit www.carercard.vic.gov.au or call 1800 901 958 toll free, during business hours.
### SCHOOL UNIFORM ORDER FORM

Prices as at August 2014

#### Opening times
Monday - 3.15pm - 3.45pm & Friday – 8.45am - 09.15am

<table>
<thead>
<tr>
<th>CHILD’S NAME:</th>
<th>DATE:</th>
<th>TEL. NO.:</th>
<th>GRADE:</th>
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</table>

<table>
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<tr>
<th>PRODUCT</th>
<th>SIZE</th>
<th>COST $</th>
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<th>QTY</th>
<th>TOTAL $</th>
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<tbody>
<tr>
<td>POLO SHIRTS</td>
<td>Ch 4 – 16</td>
<td>$23.00</td>
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<tr>
<td>Printed, short sleeved</td>
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<td>POLO SHIRTS</td>
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<td>BOMBER JACKET</td>
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<tr>
<td>Printed fleecy, 2 colour &amp; studs</td>
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<td>TRACK PANTS</td>
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<tr>
<td>Standard fleecy, side pockets, reinforced knees</td>
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<tr>
<td>PINAFORE</td>
<td>Ch 4 - 6</td>
<td>$55.00</td>
<td>Ch 8 – 10</td>
<td>$60.00</td>
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<tr>
<td>Detachable bib, side pocket, single pleated adjustable skirt</td>
<td>Ch 12 - 16</td>
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<td>RUGBY KNIT UNISEX SHORTS</td>
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<td>Elasticised &amp; drawstring waist, side zip pocket</td>
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<td>SUMMER DRESS</td>
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<td>CULOTTES</td>
<td>Ch 8 – 12</td>
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<tr>
<td>WIDE BRIM HAT</td>
<td>Small / Medium / Large</td>
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<tr>
<td>SURF HAT</td>
<td>Large (GRADES 5 &amp; 6 ONLY)</td>
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<tr>
<td>HIJAB</td>
<td>One Size</td>
<td>$13.00</td>
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<td>SCARF – with School Logo</td>
<td>Polar Fleece One Size</td>
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<tr>
<td>BEANIE – with School Logo</td>
<td>Polar Fleece Size - Child/Adult</td>
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<td>WEAR WHEN PARTICIPATING IN SPORT</td>
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**TOTAL AMOUNT DUE**

**ORDER FILLED BY:**

**DATE:**

**AMOUNT PAID:** $

**RECEIPT NO:**