Principal’s Report
Lesley McCarthy

A very excited Callum has regaled me with the stories of his father, Daniel Grant’s success in the recent Tour de Cure from Adelaide to Canberra to raise money for Cancer research. Callum joined his father at the celebration dinner in Canberra at the end of the ride and was full of excitement at the achievements of the team. Well done Dan! See story page 3. To donate to Dan’s page go to: https://www.tourdecure.com.au/pages/donate/registration/7d1226

Thank you to the HUB parents who have excelled in the “Icy pole led recovery” again this year and contributed to the teachers’ wish list by purchasing additional reading materials for Prep-2 classes and headphones for the computers in Prep-4. They will take a break from icypoles for Winter and have some exciting plans for Friday afternoon specials to start soon.

These parents are again working for students on the Mother’s Day Stall today – an even bigger and better event than ever before with a majority of items handmade just for mum. I wish all mothers a very happy Mother’s Day on Sunday.

Parents are reminded that NAPLAN testing takes place for students in grades 3 & 5 next Tuesday, Wednesday and Thursday. No announcements or interruptions will be allowed in those classes between 9.00am and 12.30pm on those days. Late students will not be allowed to enter the rooms after 9.10am but will go to another class.

As per the notice sent home to all parents on Monday, we continue to manage students who have become ill with gastro. This term has seen a large increase and we encourage parents to keep their children at home if they complain of nausea, sickness or diarrhoea. The Cryptosporidium virus currently affecting many swimming pools does not respond to the usual disinfectants and chlorine so personal hygiene is essential.

Parents are reminded that they should not approach other parents or children about behaviour concerns but should address these concerns with their classroom teacher. When parents interact with other children or approach their parents, misunderstandings can occur and the issue can be made worse. If the issue seems more serious, contact either Ms McOrist or myself for assistance.
Care Member of the Week
Week beginning 6 May 2013

<table>
<thead>
<tr>
<th>Grade</th>
<th>Student</th>
<th>Reason</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mangalore 1</td>
<td>Fiona Raymond V.</td>
<td>For being responsible and helping out younger CARE group members. Keep it up!</td>
</tr>
<tr>
<td>Mangalore 2</td>
<td>Mark Thomas H.</td>
<td>For being a kind and caring team member. Well done Thomas!</td>
</tr>
<tr>
<td>Mangalore 3</td>
<td>Mollie Joshua L.G.</td>
<td>For sharing his positive thinking strategies with the class. Keep it up!</td>
</tr>
<tr>
<td>Mooltan 1</td>
<td>Dave Caomhin C.</td>
<td>For his insightful comments that help others understand our topics. You've been showing great leadership!</td>
</tr>
<tr>
<td>Mooltan 2</td>
<td>Sarah Arki D.</td>
<td>For acknowledging his feelings and sharing the strategies he uses to control them.</td>
</tr>
<tr>
<td>Cashmere 1</td>
<td>Katria Charlotte E.</td>
<td>For sharing her angry face with our CARE group.</td>
</tr>
<tr>
<td>Cashmere 2</td>
<td>Agata Dabbal H.</td>
<td>For showing his initiative and making sure that the younger students were included.</td>
</tr>
<tr>
<td>Cashmere 3</td>
<td>Zoe Georgina L.</td>
<td>For confidently contributing her positive behaviour strategies and ideas during CARE.</td>
</tr>
<tr>
<td>Delhi 1</td>
<td>Phil/Christina Samuel C.</td>
<td>For a great contribution to our CARE group discussion and some GREAT acting!</td>
</tr>
<tr>
<td>Delhi 2</td>
<td>Elise Thinh L.</td>
<td>For showing improved participation during group discussions and listening carefully to other people's ideas.</td>
</tr>
<tr>
<td>Delhi 3</td>
<td>James Fatima M.</td>
<td>For having the confidence to display her different emotions with our CARE group.</td>
</tr>
</tbody>
</table>

OSHC News
Camp Australia now manages the Before & After School Care program. All bookings, absences and payments need to be made through the Camp Australia website.

<table>
<thead>
<tr>
<th>Customer Service</th>
<th>8.00am - 6.00pm Monday to Friday</th>
<th>1300 105 343</th>
</tr>
</thead>
<tbody>
<tr>
<td>Website</td>
<td><a href="http://www.campaustralia.com.au">www.campaustralia.com.au</a></td>
<td></td>
</tr>
</tbody>
</table>

Do not leave messages on the school answering machine.

Office News
Office Hours, 8.30am – 4.00pm Monday to Friday

Due to reduced admin staff hours, there will not be anyone to respond to telephone calls or window enquiries between 9.30-11.00 daily.

Payments
When making payments at the office, please complete the details on a payment envelope and place in the cash box. Please make sure you include your child’s name, grade and the reason for the payment.

Visitors Badges
All visitors, including parents, need to pick up and wear a badge when visiting the school at any time. If parents are helping in classrooms or attending meetings please call at the Office first.

Working With Children Check
Parents and family are reminded that to help in the classroom, on excursions, camps and at swimming you must hold a valid Working With Children Check. These are available at the Post Office and are free for volunteers.


Woolworths Earn and Learn Program
The program runs from Monday 8th April until Sunday 9th June. When you do your shop you will receive one sticker for every $10 spent (excluding liquor, tobacco and gift cards).

When you receive a sticker place it on the card and when the card is complete please submit it in the collection box located near the office. Should you need another sticker card please see the office as we are expecting to receive a pack containing these. All completed cards must be sent to the office no later than close of business on Friday 14th June. Enjoy collecting.

Scholastic Book Club
Issue 4 order forms that were sent home recently are due back to the office by
Wednesday 29th May by 9.00am

No late orders will be accepted

Please note, that orders sent before this date will now be sent to Scholastic as received (except cash which will be processed on the final day). The office will now process orders a couple times a week (for credit and cheque payments only) so the earlier the order, the earlier the children will get their book.
Assistant Principal’s Report
Sandra McOrist

CASEA and CARE Program Update
Week 4

During Week Four of the CASEA program the focus of the group is on introducing STOP. THINK, DO. This group session aims to help children learn the problem solving strategy called STOP, THINK, DO using a traffic light symbol. In this session children will talk about ways to STOP, calm down, and identify the problem they are faced with.

All CARE groups will participate in classroom activities that help them to develop an understanding of STOP, THINK, DO. The activities will focus on learning the first step of the process - practical ways to STOP when these warning signs emerge will be discussed.

Next week: Social Problem Solving using THINK and DO

Reminders for parents:

When dropping children off in the morning stay along the laneway, stop at the end of the car park, where there is an adult waiting and allow your child or children to walk straight into the school grounds. Don’t forget to smile and wave to the adult on duty it’s a great way to start the day.

Do not park in the teacher car park at any time. There are 2 disabled parks at the end of the teacher car spaces they are only for motorists with a disabled sticker.

Collecting children at the end of the day, if you are going to be late or have been held up please ring the school, 9376-7137 and let the office staff know so that they can call your child inside. Children do become unsettled if parents are not there at the allotted time. If your child is still at school at 3:45 and has not been collected you will find them outside the office, if you are continually late to collect your child they will be sent to after care and you will receive a bill.

Tour de Cure’s Signature charity bike ride

On Sunday afternoon, Dan Grant, father of Callum (2N) and Lauren (PM), along with 60 other cyclists from across Australia, rolled into Canberra to be reunited with family and friends after completing Tour de Cure’s Signature charity bike ride. During the 10 day event that began in Adelaide, Dan covered more than 1,600 kms, climbed almost 11,000m of hills and burnt more than 21,000 calories. But this was much more than just a bike ride. The Tour stopped to spread cancer awareness and prevention messages to more than 4,000 school-aged children and riders met with local residents of rural communities. The Tour also helped raise funding for cancer research, support and prevention programs and critical donations were made to a number of local cancer support groups along the way. Thanks to the help of colleagues, family and friends, Dan raised $27,960 for Tour de Cure. According to Dan “This is far in excess of what I thought would be possible. When I first agreed to take on this challenge I committed to raising $12,000 and I really thought I would struggle to reach that goal... I have been overwhelmed by the donations that I have received and equally by the letters of support that I received during the Tour. It made me realise how generous people can be towards a great cause.”

Dan insists that he did the easy bit and that the real credit goes to those who dug deep in their pockets to donate to the charity. Although the ride may have been the “easy bit”, Dan had to train hard to be ready for the Tour and put in more than 5,000 km of training rides since Christmas time. Wowser! With the Tour now complete, Dan can look forward to spending some well deserved time with his family...with maybe a quick ride slipped in before the end of the week! There is still time to help push Dan’s total over $28,000 by making a tax deductible donation by visiting this link (https://www.tourdecure.com.au/pages/donate/registration/7d1226).

Allergies

We have several children who may suffer severe life-threatening reactions to some foods. As part of our anaphylaxis management we are reminding parents that Flemington Primary School has a NUT FREE Policy. All nuts and nut products are banned.
Parents Working As a Team

All parents occasionally disagree about how to deal with their children’s behaviour, but problems can occur when parents argue in front of their children. The following suggestions for working together as a parenting team help parents to minimise the impact of conflict on their child’s development. Parents who support each other’s parenting efforts encourage improvements in children’s academic, social and emotional development in school.

How to Work as a Team

1. **Discuss your ideas on parenting** - All parents are from different backgrounds and have been brought up differently. Discuss your ideas on issues such as family rules and how to manage misbehaviour. Make important decisions about parenting together.

2. **Share your parenting roles** - Decide who will be responsible for different household chores and parenting tasks. Both parents should be responsible for discipline, as problem behaviour should be dealt with immediately no matter which parent is present.

3. **Communicate regularly** - Talk and share ideas about parenting on a day-to-day basis. Talk about pleasant and positive experiences with your children, as well as any problems. Avoid judging your partner, and rather praise your partner’s efforts.

4. **Communicate effectively** - Most of us will fall into the habit of poor communication strategies such as raising your voice, interrupting, and talking over the top of each other. Clearly and calmly say what you feel and think and really listen to your partner’s point of view and feelings about issues.

5. **Be open to suggestions** - Discuss how difficult situations are dealt with to ensure you learn how to deal with the situation better next time. Give feedback to and be open to feedback from your partner. Remember that you are both learning to adapt to the demands of your growing family.

6. **Maintain consistency in dealing with children** - Be consistent in the way you respond to children’s appropriate and inappropriate behaviour. Back your partner up by giving instructions to your child which are consistent with, rather than contradict, your partner’s.

7. **Support each other when children misbehave** - When your partner is managing a child’s problem behaviour, help them to follow through with the discipline or help with other children while your partner focuses on one child.

8. **Discuss problems when calm** - Wait until a time when you are calm and the children will not interrupt to discuss problems or how an incident was handled (i.e., after the children have gone to bed and not as soon as you arrive home or straight after an incident).

9. **Avoid conflict in front of children** - Children who see their parents arguing or fighting can learn inappropriate ways of dealing with problems through watching your behaviour.

10. **Problem solve in front of children** - Let your children see you discuss problems calmly as follows: state the problem clearly, come up with possible solutions, assess the good and bad points of each, choose a solution, try it and review it.

If you or your partner is unhappy about your relationship or you have trouble avoiding conflict in front of your children on a regular basis, seek professional help.
HUB News

Rochelle Carland (Hub President)
carlandr@bigpond.net.au or 0416 177 219

Mothers Day Stall

We held a very successful Mother’s Day Stall this morning thanks to a dedicated group of HUB parents. Students have lovingly chosen a fabulous gift for the special person in their lives on Mother’s Day. Our focus this year has been on offering products that Mum’s will appreciate and treasure – with more of a personalised, rather than mass-market, feel! We hope you love your gift!

A BIG thankyou to Lara Widdop who co-ordinated, motivated and ‘hydrated’ the team behind the stall. The team consisted of Natalie MacLaren, Lisa Madden, Jodie Brennan, Fiona Hiscock, Jutta Dreier, Mary Koulbanis, Annette Williams, Chris Mizis, Mardi Durling, Rochelle Carland & Katie Evans. We would also like to thank Vince Andreana & his team of Dad’s who did such a great job working on the stall (& help keep Mum’s Mother’s Day present a secret!).

With a focus on the Mother’s Day Stall this week, you may have noticed that icy poles were not sold this week. The HUB plans to offer alternative ‘treats’ more suitable to the colder weather, which we hope to start next week.

FPS Social Night – Friday 24 May

We hope you have our Social Night at Tonik bar in Kensington scheduled in your calendar!

The event last year was a great success and a lot of fun – so much so that we’re doing it again! It’s a great opportunity to meet or re-connect with people from our school community & we’d love to see lots of new faces!

Don’t forget that you can pre-purchase your tickets for $20 at the office. Tickets offer you entry, finger food & great music and drinks are at bar prices. Pre-payment will allow us to accurately estimate catering requirements on the night so we encourage you to help us out by buying your tickets ASAP. Alternatively, tickets will be offered at the door on the night for $25.

On a final note, the HUB wishes all the Mothers at FPS a relaxing and enjoyable Mother’s Day.

Flemington Fathers First Friday Club

Robbie Allen  0417725855.

After a lengthy Arts Council study tour of the Cannes and Dapto film festivals, The Flemington Father’s Film Society is back. So FPS film connoisseur fathers are invited to attend Star Trek at the Sun Theatre next Tuesday night at 7pm.

After the film those interested can adjourn for dinner where Noel Newell will present the annual Jennifer Aniston lecture.

For further information contact Robbie Allen on 0417725855.

STAR TREK INTO DARKNESS
MAY 16
InTouch Newsletter

Community News

BOOK KEEPER WANTED

Established mid-sized Graphic Design Studio based in North Melbourne requires a book keeper. 1 day per fortnight, approx 6-8 hours per day dependent on workload. Flexible start/end times, office hours 9am-6pm. MYOB essential. Please call ASAP Jacqui 0400 996 465

Tonik Night Market
Thursday 9th May - 6.30pm to 9.00pm

Located upstairs in Tonik's function room.

Plenty of exciting stalls just in time for Mothers Day!

*Clothing, shoes, bags, jewellery, knitted scarves, baby and children items, gift cards, nursery prints, tuppaware, photography prints, cakes, sweet treats and more......

For more information call 9376 9928 or email info@tonikbar.com.au

524 Macaulay Road, Kensington

Legal Workshops
Presented by the Moonee Valley Legal Service

Cyber Bullying
This workshop outlines how cyber bullying can be detected, the legal consequences and what you can do if your child is a victim. Find out how to avoid risks and protect your personal information online.
Tuesday 7 May, 6pm-7pm

Neighbourhood Disputes
Learn about common disputes including fences, trees, damage to property, pets and abusive neighbours. Learn how to resolve neighbourhood disputes and how to stop a dispute from escalating.
Tuesday 14 May, 6pm-7pm

 Flemington Library
313 Racecourse Rd, Flemington
FREE but bookings necessary. 8325 1975
02 May 2013

Dear Parent / Guardian of Children Attending Swimming Lessons or Swim Clubs

An outbreak of cryptosporidium infection (also referred to as ‘crypto’) is affecting Melbourne and many parts of regional Victoria. The Department of Health is requesting that parents and guardians of all children who attend swimming lessons or swim clubs in Victoria be provided with information on how to protect themselves and others when swimming. **This letter does not indicate a problem with the facility your child attends** - it is being provided across the State and contains advice that is important all year round.

Crypto is a parasitic infection that causes gastroenteritis, with the most common symptoms being diarrhoea, stomach cramps and nausea. Symptoms may last for weeks and have serious consequences for people who have weakened immune systems. During swimming, people can become infected by swallowing water which has become contaminated by human faeces, usually from tiny amounts that cannot be seen. Crypto can also be spread from person to person, especially in settings such as childcare facilities and in households where there are cases.

All swimming pool patrons are able to become infected if the pool is contaminated with crypto because crypto parasites are not killed by the normal levels of chlorine used in swimming pools. Without realising, people with crypto infection can contaminate pool water up to 14 days after their diarrhoea has stopped. Pool operators have taken steps including decontamination of water where appropriate as a protective measure, but this cannot break the cycle of crypto infection without the help of patrons.

**To prevent the spread of disease, parents / guardians should ensure they and their children take the following actions to protect themselves and others:**

- **Do not swim if you have diarrhoea or if you have had diarrhoea in the past two weeks;**
- **Shower and wash thoroughly with soap before entering the pool;**
- **Wash your hands with soap after going to the toilet or changing a nappy;**
- **Avoid swallowing pool water.**


If you have any concerns about your health or the health of your child, please consider seeking medical advice. A simple stool (poo) test is available to diagnose crypto infection if your doctor considers that crypto may be a cause of symptoms.

Thank you for your cooperation.

Yours sincerely,

Dr Rosemary Lester
Chief Health Officer
FPS Social Night

@ The Tonik Bar 524 Macaulay Rd Kensington
Friday 24th May @ 7:30 PM

$20 (prepaid at office) or $25 at door on the night
Price includes finger food & music
Parents & Teachers: Relax, socialise and dance!
Catherine McAuley Scholarship

"No work of charity can be more productive of good to society than the careful instruction of women." Catherine McAuley

In the spirit of Catherine McAuley, St Aloysius College awards ten annual Scholarships to students entering Year 7 or Year 11 who meet the Scholarship criteria.

The Scholarship provides 50% of the Tuition Fees for the duration of your Secondary Education at St Aloysius College.

Scholarship Criteria
The Catherine McAuley Scholarships are not based on academic performance alone. This scholarship recognises potential students whose strengths would benefit our College in significant ways. Personal characteristics and achievements such as:

- Commitment to strive for academic excellence
- Leadership in school or other community situations
- Commitment to the Catholic ethos and values
- Willingness to contribute to our College and the broader Community
- Demonstrated financial need which may prevent access to a Catholic Secondary Education

Selection Process
Students must submit a written application addressing the above criteria. A short list will be determined for interview. The successful candidate will be selected by a panel. Recipients will remain confidential. The financial criterion for financial need will be reviewed annually.

Scholarship Applications must be received by September 21st, 2012 and can be sent directly to Mr John Davidson, Principal St Aloysius College - 31 Curran Street North Melbourne, 3051

Enrolments and Scholarships Available for 2013
Contact the College directly for further information or to Book into a Talk & Tour; Phone - 9329 0411
31 Curran St Nth Melbourne www.alloysius.vic.edu.au